Daily screening for symptoms of COVID-19 can help to quickly identify signs of illness and reduce exposure. Families are required to conduct a daily at-home screening, including a temperature check, for each child before sending them to school.

### IMPORTANT COVID-19 SCREENING INFORMATION FOR FAMILIES

**My child is ill with the following COVID-19 symptoms:**

- Cough
- Shortness of breath and/or difficulty breathing
- Fever of 100°F or higher
- Muscle and/or body aches
- Chills
- Headache
- Sore throat
- Congestion or runny nose
- Gastrointestinal symptoms such as vomiting, diarrhea, nausea or abdominal pain.

**A member of my household:**

- Is exhibiting symptoms of COVID-19
- Has been exposed to a possible or known case of COVID-19
- Has undergone testing for COVID-19 and is awaiting results.
- Has received a call or letter from the Minnesota Department of Health regarding exposure.

If you checked any of the boxes above, please keep your child home and report their absence to MyLILA.org/absent-today. The school nurse will reach out about next steps based on Minnesota Department of Health criteria. Please contact COVID@mylila.org with questions.